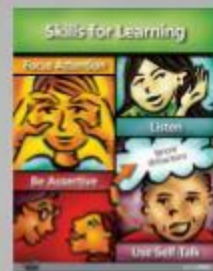
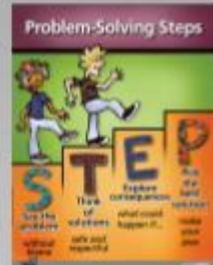


1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22			

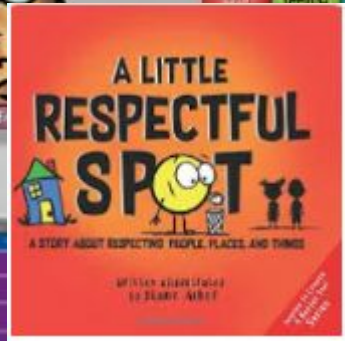
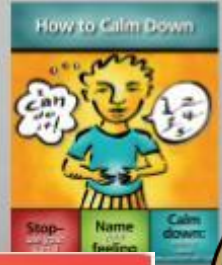
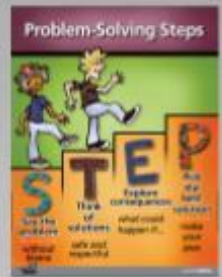
**3rd Grade
Second Step Lessons**





3rd Grade
 Second Step Lessons
 Lesson 1- Being
 Respectful

[Learner
 Song](#)

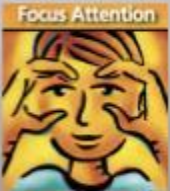




Week 2

3rd Grade Second Step Lessons Lesson 2- Using Self-Talk

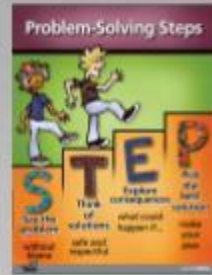
[Learner Song](#)



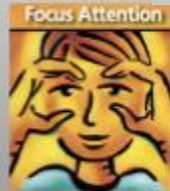


Week 3

3rd Grade Second Step Lessons Lesson 3- Being Assertive



[Learner Song](#)

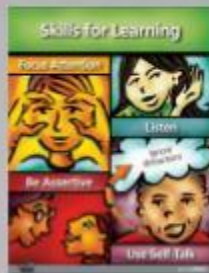
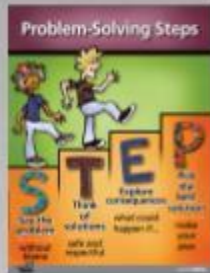




3rd Grade
 Second Step Lessons
 Lesson 4- Planning to
 Learn

Week 4

[Learner
 Song](#)

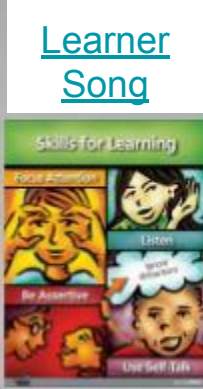
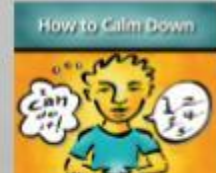
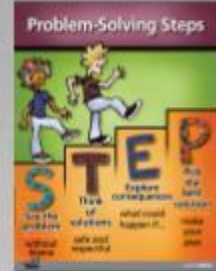




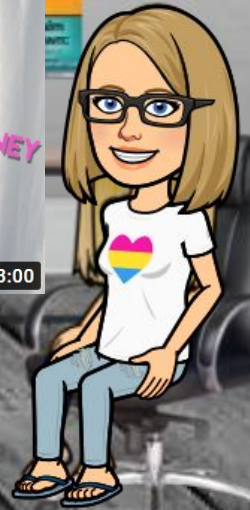
3rd Grade Second Step Lessons

Lesson 5- Identifying Others' Feelings

[Lesson 5 VIDEO](#)



3:00



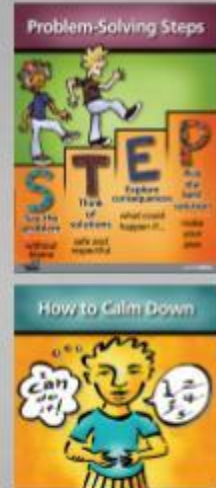


Lesson 6 VIDEO

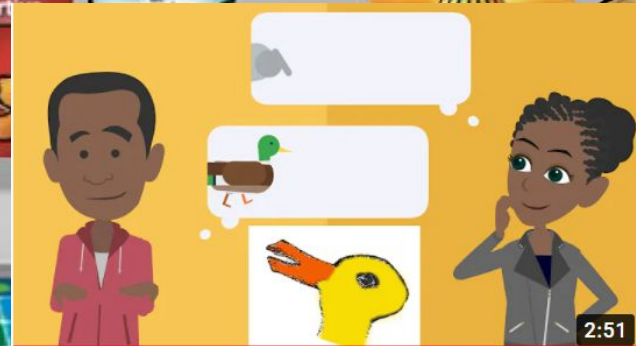
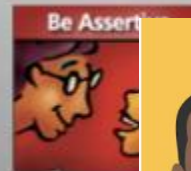
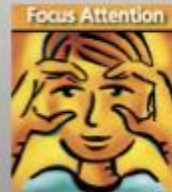
3rd Grade
 Second Step Lessons
 Lesson 6- Understanding Perspectives

Week 6

Empathy Song



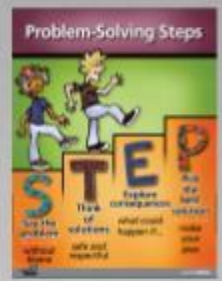
Learner Song



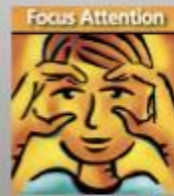
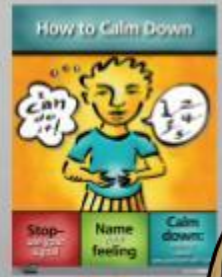


3rd Grade
Second Step Lessons
Lesson 7 - Conflicting
Feelings

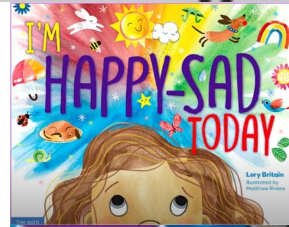
[Empathy Song](#)



[Learner Song](#)



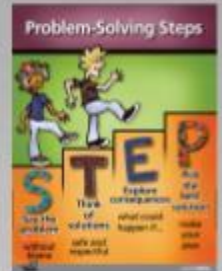
[Click HERE for a story about conflicting feelings](#)



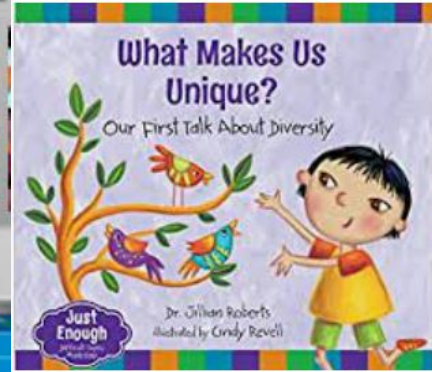
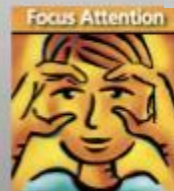


3rd Grade
Second Step Lessons
Lesson 8- Accepting
Differences

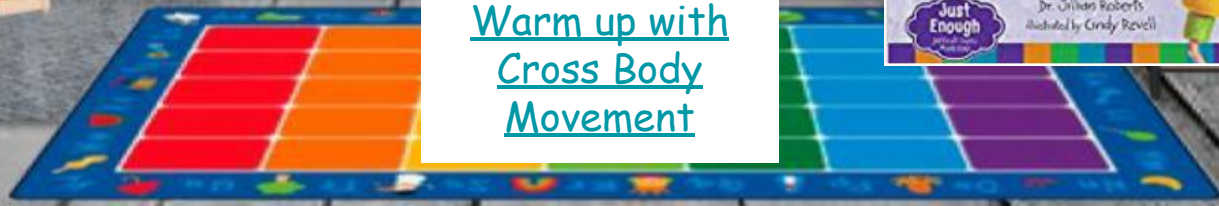
Empathy
Song



Learner
Song



Warm up with
Cross Body
Movement

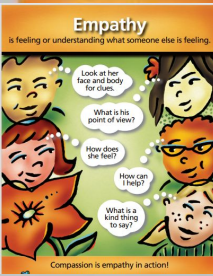


Compassion is empathy in ACTION



3rd Grade
Second Step Lessons
Lesson 9 - Showing
Compassion

Empathy
Song



Learner
Song

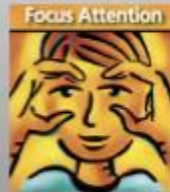
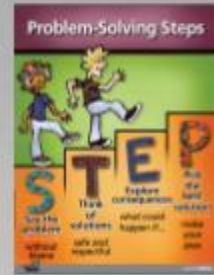


What is the
CIRCLE OF
COMPASSION?





3rd Grade
Second Step Lessons
Lesson 10- Making
Friends

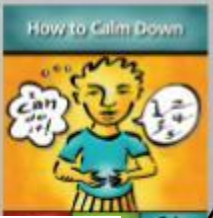


[CLICK HERE to learn about Reciprocal Conversation](#)

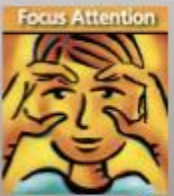




3rd Grade
Second Step Lessons
Lesson 11- Emotion
Management



secondstep



Why do we lose
CONTROL
of our
emotions?

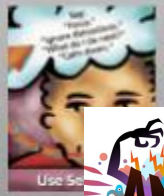
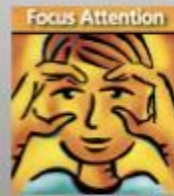
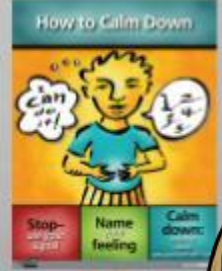
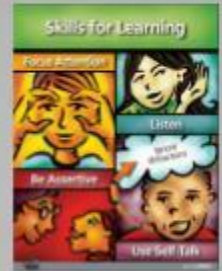
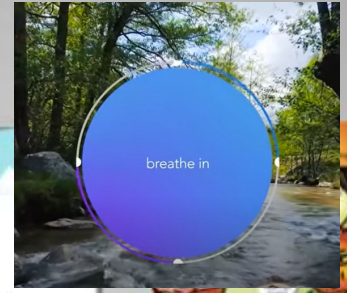




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3rd Grade Second Step Lessons Lesson 12- Managing Test Anxiety

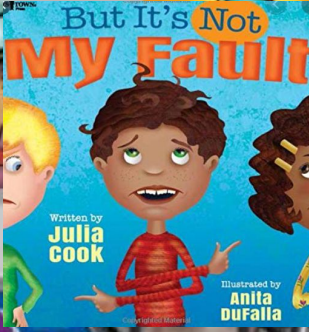
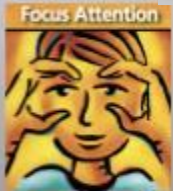
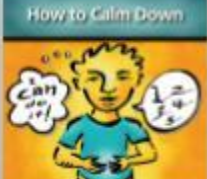
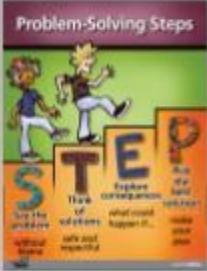


Calm It Down
Dance





3rd Grade
Second Step Lessons
Lesson 13- Managing
Handling Accusations

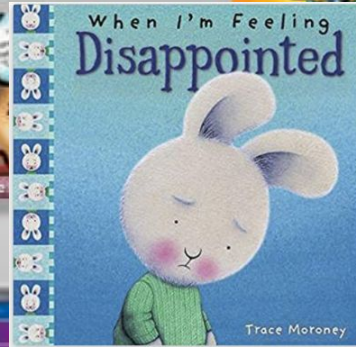
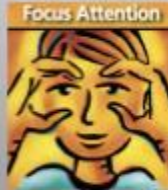
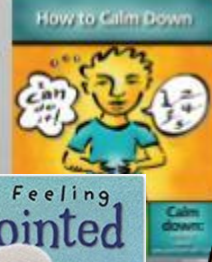
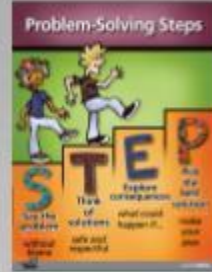




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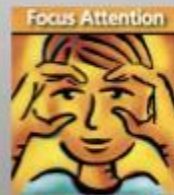
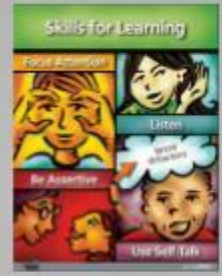
3rd Grade
Second Step Lessons
Lesson 14- Managing
Disappointment



[Lesson 15 VIDEO Part 1](#)

[Lesson 15 VIDEO Part 2](#)

3rd Grade
Second Step Lessons
Lesson 15- Managing
Anger





3rd Grade
 Second Step Lessons
 Lesson 16- Managing
 Hurt Feelings



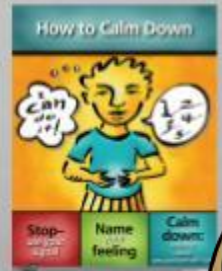
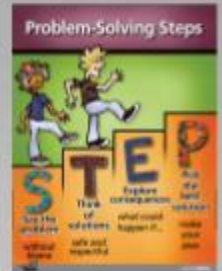


3rd Grade
 Second Step Lessons
Lesson 17- Problem Solving Part 1

[Lesson 17 VIDEO Part 1](#)

[Lesson 17 VIDEO Part 2](#)

[Lesson 17 VIDEO Part 3](#)





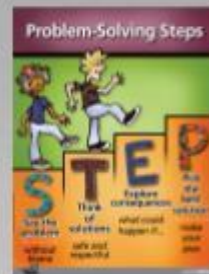
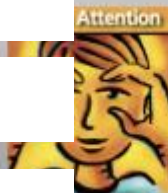
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3rd Grade Second Step Lessons Lesson 18- Problem Solving Part 2

[Lesson 17 VIDEO Part 4](#)

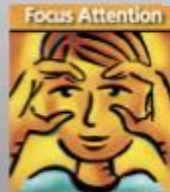
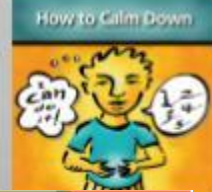
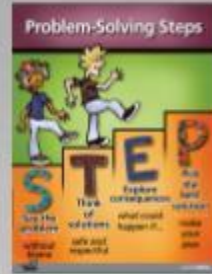
[Lesson 17 VIDEO Part 5](#)

[Lesson 17 VIDEO Part 6](#)





3rd Grade
Second Step Lessons
Lesson 19- Solving
Classroom Problems



Brain POP

Social Emotional Learning
Conflict Resolution

4:36

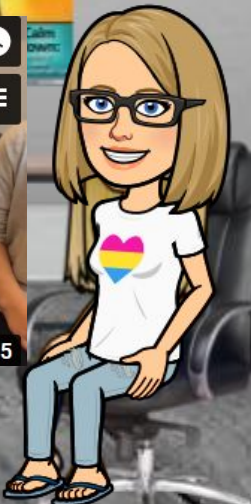
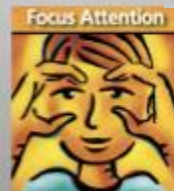
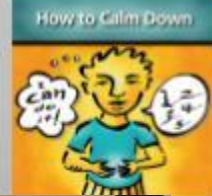
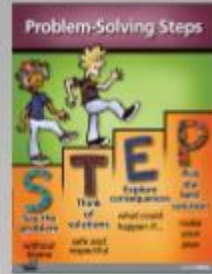




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3rd Grade
 Second Step Lessons
 Lesson 20- Solving
 Peer-Exclusion Problems

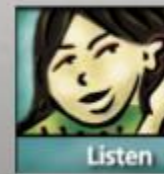
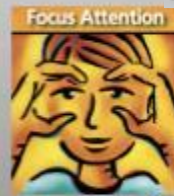
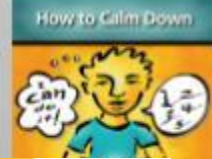
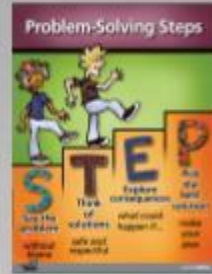




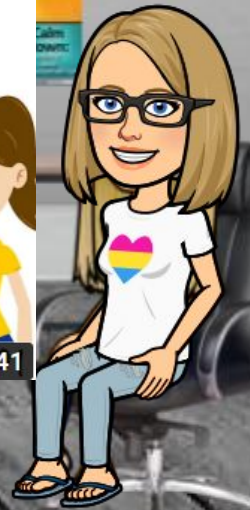
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3rd Grade Second Step Lessons Lesson 21 - Dealing with Negative Peer Pressure



GR 1:41



Self-Check & Reflect

- ✓ Skills for Learning
- ✓ Empathy
- ✓ Emotion Management
- ✓ Problem- Solving

3rd Grade Second Step Lessons Lesson 22- Reviewing Second Step Skills

